Client Preferences Questionnaire

The following questions will help me personalize your massage experience

Would you like me to:

__ Talk to you through the massage (example: about the muscles I am working on, self-care suggestions, massage techniques)

__ Stay quiet so that you can experience relaxation

Do you have a preference on the type of music I play during your massage?

__ No preference

__ Nature sounds

__ Classical

__ Celtic instrumental

Would you like me to use the table warmer during your massage?

__ Yes

__ No

How would you like to be draped during the massage?

__ Blanket and sheet

__ Sheet only

Do you want to know more about the essential oils that can be used during your massage?

__ Yes

__ No

Which amount of pressure do you typically prefer
(*place an X on the gradient line below*)

Light Medium Firm